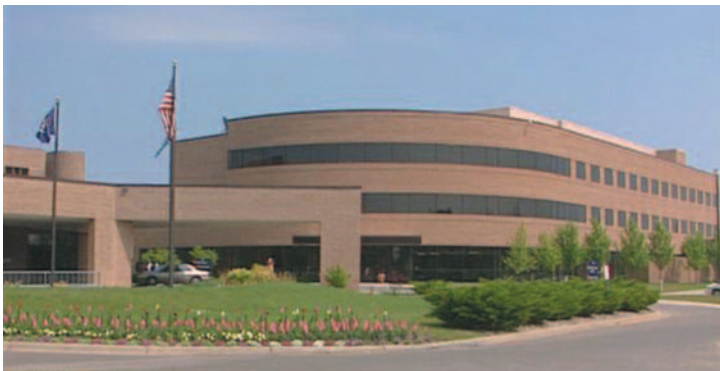


THE POWER OF PREVENTION

ALPENA REGIONAL MEDICAL CENTER

Compassionate Care. Cutting-edge Technology. Right Here.



The Best Value in Healthcare Today

Where: Alpena Regional Medical Center at Thunder Bay Recreation Center

701 Woodward Ave
Alpena, MI 48707

When: Saturday, May 9, 2009

Appointments from 8:00 a.m. to 3:00 p.m.

Space is limited. Pre-registration is a must.

For your appointment, call

800-541-8110

Screenings provided by Advanced Screening and Wellness, Michigan's Premier Screening Service
Serving Michiganders for over a Decade



Note: Health insurance generally does not cover the cost of these screenings

FREE Health Screenings & Seminars

Health Screenings

Blood Pressure
Colorectal Cancer
Bone Density
Sleep Apnea
Dementia
Anxiety/Depression
Glucose/Cholesterol

Seminars

Breast Health Imaging & New Technology
Dementia: Early Signs & Symptoms
What is Home Care?
Medicine Cabinet Makeover
What's New in Diabetes?
A Healthy Cooking Demo

Look for Additional Seminars at the Expo!

Screens 1, 2 and 3 - ONLY \$69!

P.A.D. (Peripheral Artery Disease)

Utilizes Doppler ultrasound to determine possible blockages in the main arteries of the legs. An Ankle Brachial Index is obtained to screen for possible peripheral arterial disease. P.A.D. dramatically increases heart disease and stroke risk.

1

Stroke/Carotid Arteries

Utilizes ultrasound imaging to look into the artery for possible blockage. Each year 700,000 Americans have a stroke, the country's leading cause of disability and the third leading cause of death.

2

Abdominal Aortic Aneurysm

Utilizes ultrasound imaging to measure the aorta for a possible *aneurysm* - an abnormal enlargement of the main artery in the abdomen.

3

Stroke/Heart Disease/ Atrial Fibrillation

Atrial Fibrillation is an irregular rhythm of the heart which increases a person's risk for stroke and heart disease.

4

Heart/Echocardiogram (EXCLUSIVE)

Actually see your heart in motion. Utilizes ultrasound imaging (echocardiogram) to evaluate the heart muscle, size, chambers and valves. Screens for possible:

- Valvular disease
- Wall motion abnormality
- Enlargement
- Damage from high blood pressure
- Abnormal fluid
- Congenital defects

5

ALT/AST

Monitor liver enzymes to many prescription drugs such as Statins (lipid lowering), Antidiabetic, Antihypertensive as well as many others in a single blood test.

6

Discounted Package Pricing

All new low pricing for 2009. Individual screens start at \$40.

Essential Wellness Includes 3 Screens: Numbers 1, 2, 3	\$69
Stroke, Vascular Disease and Heart Rhythm Package Includes 4 Screens: Numbers 1, 2, 3, 4	\$119
Complete Wellness with Exclusive Heart Image (Echo) Includes 4 Screens: Numbers 1, 2, 3, 5	\$149
Complete Heart & Stroke Wellness Includes 5 Screens: Numbers 1, 2, 3, 4, 5	\$189
Complete Heart & Stroke Wellness with Monitor Includes 6 Screens: Numbers 1, 2, 3, 4, 5, 6	\$209



Michigan's Premier
Screening Service

www.myhealthway.com



“I was referred to a Vascular Surgeon, where I had a carotid endarterectomy on my right artery. Because of your screening, I feel that you helped prevent a serious stroke. Thank You!”

—Virginia Henderson,
Past Advanced Screening Client

“I also had your screening and mine was a-O.K. (I am the marathon runner) and husband of Virginia. A special thanks from me and our two sons for saving our wife and mother from a serious stroke. I would recommend this screening for everyone age 40 and older.”

—Jim Henderson,
Husband of Virginia Henderson

ALPENA REGIONAL MEDICAL CENTER

Compassionate Care. Cutting-edge Technology. Right Here.

P.A.D. | STROKE | HEART DISEASE

PREDICTABLE AND PREVENTABLE

OUR GOAL

Clinical Professionals at Alpena Regional Medical Center and Advanced Screening & Wellness are detecting possible disease earlier so that individuals can live their lives to the fullest.

THE PLAN OF ATTACK

We utilize state of the art medical technologies and clinical expertise to predict, diagnose and treat disease earlier, calling this model of care “**EARLY HEALTH.**”

THE RESULT

Early Health lowers the cost of healthcare to all individuals by focusing on disease in its early stages. When caught early, an individual has the very best opportunity to manage and sometimes eliminate the problem, before it becomes chronic, or worse, life threatening.

YOUR JOB

Take the next step. Read the information on the front of this letter and call the number today. Alpena Regional Medical Center, in collaboration with Advanced Screening & Wellness, are dedicated to preventing chronic and life threatening diseases such as P.A.D., stroke and heart disease. It's our new year's resolution to raise the bar to a new level of heart care.

The cost is small and the results can make a huge difference.

Healthy Regards,
Staff of Alpena Regional Medical Center
The Staff at Advanced Screening & Wellness

Alpena Regional Medical Center

1501 W. Chisholm Street
Alpena, MI 49707

www.alpenaregionalmedicalcenter.org